

# October 2023

\*Menu subject to change. Salad Bar served at lunch daily. Milk served with all meals.\*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <b>BREAKFAST</b> Waffles Fruit/Juice <b>LUNCH</b> Orange Chicken Fried Rice Peas Fruit	3 <b>BREAKFAST</b> Cereal Toast Fruit/Juice <b>LUNCH</b> Meatballs Mashed Potatoes Corn	4 <b>BREAKFAST</b> Egg Muffins Toast Fruit <b>LUNCH</b> Chicken Noodle Soup Sandwiches Fruit	5 <b>BREAKFAST</b> Bagels Smoothies <b>LUNCH</b> Taco Salad Chips Corn Fruit	6 <b>BREAKFAST</b> Oatmeal Toast Fruit/Juice <b>LUNCH</b> Spaghetti Bread Sticks Green Beans Fruit
9 <b>BREAKFAST</b> Pancake Wraps Fruit/Juice <b>LUNCH</b> Beef Stroganoff Corn Fruit	10 <b>BREAKFAST</b> Cereal Toast Fruit/Juice <b>LUNCH</b> Chicken Tortilla Soup Sandwiches Fruit	11 <b>BREAKFAST</b> Hard Boiled Eggs Toast Fruit/Juice <b>LUNCH</b> Pizza Green Beans Fruit	12 <b>BREAKFAST</b> Muffins Yogurt Fruit/Juice <b>LUNCH</b> Hamburgers French Fries Corn Fruit	13 <b>BREAKFAST</b> Scrambled Eggs Toast Fruit/Juice <b>LUNCH</b> Tomato Soup Grilled Cheese Fruit
16 <b>BREAKFAST</b> Pancakes Fruit/Juice <b>LUNCH</b> Potato Dumplings Pork Roast Sauerkraut Corn Fruit	17 <b>BREAKFAST</b> Cereal Toast Fruit <b>LUNCH</b> Pulled Pork Beans Fries Fruit	18 <b>BREAKFAST</b> Cheese Omelets Toast Fruit/Juice <b>LUNCH</b> Tater Tot Hotdish Green Beans Fruit	19 	20 
23 <b>BREAKFAST</b> Waffles Fruit/Juice <b>LUNCH</b> Chicken Bacon Ranch Wrap Peas Fruit	24 <b>BREAKFAST</b> Cereal Toast Fruit/Juice <b>LUNCH</b> Lasagna Breadsticks Corn Fruit	25 <b>BREAKFAST</b> Egg Bake Toast Fruit/Juice <b>LUNCH</b> Chicken Burger French Fries Green Beans Fruit	26 	27 
30 <b>BREAKFAST</b> Pancake Wraps Fruit/Juice <b>LUNCH</b> Chili Rolls Fruit	31 <b>BREAKFAST</b> Cereal Toast Fruit/Juice <b>LUNCH</b> Baked Potato Bar Green Beans Fruit			

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